

# Guidance for Nash County Healthcare Providers

(and prescribers outside of Nash County as space permits)

**FREE**  
BUT MUST  
REGISTER!

**Wednesday, October 25, 2017**

## LOCATION

Area L AHEC  
1631 S Wesleyan Boulevard  
Rocky Mount, NC 27803

## DATE REGISTRATION PROGRAM

**Wednesday, October 25, 2017**  
2:00 pm–2:30 pm  
2:30 pm–5:00 pm

**FREE but registration is required!**

## MEDICAL COURSE DIRECTOR

**Sara McEwen, MD**

## FACULTY

**Dr. James Finch** is a Family Physician by training who, for many years, has worked primarily with patients with substance abuse disorders. Certified in Addiction Medicine by the American Board of Addiction Medicine and a Fellow of the American Society of Addiction Medicine, he is the Director of Physician Education for the Governor's Institute on Substance Abuse and has developed the clinical training program for Project Lazarus Chronic Pain Initiative.

While on faculty at Duke University Medical Center, he held joint appointments in Family Medicine and Psychiatry, and helped found and direct the Duke Addictions Program. After leaving Duke, he worked for many years in community mental health settings in North Carolina while continuing to be active in training initiatives nationally and internationally. Most recently, he served on the expert panel convened by the Federation of State Medical Boards to revise and update its policy on the use of opioid medications in the treatment of chronic pain. He is the medical director of an addiction and mental health collaborative practice in Durham called Changes By Choice.

## DESCRIPTION

This educational activity is designed for prescribers of controlled substances. The training will provide practical, clinically relevant information on prescribing opioids safely and will focus on strategies for reducing adverse outcomes resulting from inappropriate prescribing, misuse, and abuse of opioids.

## AUDIENCE

This program is recommended for physicians, physician assistants, pharmacists, nurse practitioners, dentists, and podiatrists in Nash County and surrounding counties as space permits.

## OBJECTIVES

Upon completion of this live activity, participants will be able to:

- Describe the clinical application of current national and state guidelines
- Identify appropriate opioid risk management strategies and non-opioid approaches for treating pain
- Utilize assessment and monitoring tools (risk assessments, CSRS, opioid agreements, UDS, etc.)
- Recognize and manage psychiatric and substance use disorders in the setting of chronic pain management
- Intervene with and provide patient education about opioid dependence/addiction and medication-assisted therapies

## PROGRAM AGENDA

- 2:00–2:30** Registration and Light Refreshments
- 2:30–2:40** Welcome and Introductions
- 2:40–3:40** Clinical Application of Current Opioid Guidelines: Mitigating Risk and Balancing Access and Safety  
*James Finch, MD, FASAM*
- 3:40–3:50** Break and Networking
- 3:50–4:50** Ongoing Assessment, Responding to Misuse and Abuse, Knowing When and How to Stop  
*James Finch, MD, FASAM*
- 4:50–5:00** Question and Answer

## Jointly provided by:



## With the support of:



Supported by the NC Department of Health and Human Services, Division of Mental Health, Developmental Disabilities and Substance Abuse Services with funding from SAMHSA, Strategic Prevention Framework For Prescription Drugs (CFDA #93.243).

## PROGRAM COMMITTEE

### Kendall Wood

SPF-Rx Program Manager, Governor's Institute

### Sara McEwen, MD

Executive Director, Governor's Institute

### James Finch, MD, DFASAM

Medical Director, Changes by Choice  
Director of Physician Education, Governor's Institute

### Pollen Williamson

Program Coordinator, Governor's Institute

### Debbie Sudekum

Planning Committee, PORT Health Services

### Lynn Haywood

Planning Committee, PORT Health Services

### Elizabeth Flemming, LPC

Planning Committee, MAHEC

### Blake Fagan, MD

Planning Committee, MAHEC

[CLICK HERE FOR DIRECTIONS](#)

## DIRECTIONS

**Area L AHEC:** 1631 S Wesleyan Boulevard, Rocky Mount, NC 27803

## CREDITS

### Continuing Medical Education

**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of Mountain Area Health Education Center (MAHEC) and the Governor's Institute. MAHEC is accredited by the NCMS to provide medical education for physicians.

**Credit:** MAHEC designates this live activity for a maximum of **2.0 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity. This course will offer 2.0 contact hour(s), including 2.0 AMA PRA Category 1 Credit(s), which will fulfill the North Carolina Board of Dental Examiners, Podiatry Examiners and the North Carolina Medical Boards requirement of controlled substance continuing education.

**Disclosure Statement:** MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

**CEUs:** MAHEC designates this continuing education activity as meeting the criteria for **0.2 CEUs** as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

**Contact Hours:** MAHEC designates this continuing education activity as meeting the criteria for **2.0 Contact Hours**. Full attendance is required to receive credit..

### HAVE A QUESTION? Program Planner

Elizabeth Flemming, LPC  
elizabeth.flemming@mahec.net

828-257-4466

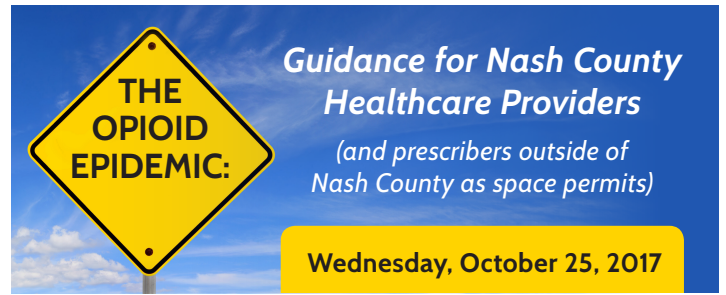


Special Services  
828-348-3619

### Logistics Questions

Kendall Wood, SPF-Rx Program Manager 919-256-7415  
Governor's Institute on Substance Abuse ext. 7415  
Kendall.Wood@governorsinstitute.org

**Registration Information:** 828-257-4475  
Fax Registration: 828-257-4768  
Online Registration: www.mahec.net  
Email: registration@mahec.net



## ➔ FREE BUT MUST REGISTER TO ATTEND! ➔

By registering for this conference, you are granting permission for your contact information to be shared with the Governor's Institute, which is a joint provider of this continuing education activity.

MAHEC assumes permission to use recorded audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

[CLICK HERE TO REGISTER](#)

Updated contact information.

NAME \_\_\_\_\_

CREDENTIALS \_\_\_\_\_

SOCIAL SECURITY # XXX-XX- \_\_\_\_ \_\_\_\_ \_\_\_\_ (last 4 digits required)

OCCUPATION \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

HOME COUNTY \_\_\_\_\_

HOME # \_\_\_\_\_ WORK # \_\_\_\_\_

EMPLOYER \_\_\_\_\_

DEPARTMENT \_\_\_\_\_

EMPLOYER'S ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

WORK COUNTY \_\_\_\_\_

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed  Credit card information provided

Visa  MasterCard  Discover Card  American Express

ACCOUNT # \_\_\_\_\_

EXP \_\_\_\_ / \_\_\_\_ CODE ON BACK OF CARD \_\_\_\_\_ (3 digits)

NAME ON CARD \_\_\_\_\_

SIGNATURE \_\_\_\_\_

Send completed registration form to: #18ME027/53639  
MAHEC Registration  
121 Hendersonville Rd., Asheville, NC 28803 Fax to: 828-257-4768