

What are ACEs? What does Trauma-Informed Care mean?

Area LAHEC has taken a leadership role in providing education and training opportunities on Adverse Childhood Experiences (ACEs) and Trauma-Informed Care (TIC) for our communities. As astounding evidence continues to suggest that ACEs is the main determinant of health and social well-being, we will continue to focus on informing and engaging professionals on the importance of both. We work at the grassroots level with faith-based community members, first responders, and healthcare professionals to raise awareness of and provide education around ACEs and personal and community-based resiliency. Our efforts are helping create more trauma-informed communities and facilitating healing through access to healthy relationships and interventions. We have developed, collaborated and partnered with various organization to provide initiatives on:

- ACEs & TIC Awareness
- Resiliency Training
- Opioids and ACEs
- School-Based Training
- Faith-Based Training



FREE Training

Reconnect for Resilience

September 18-19 and October 8-9
Location TBD 8:30 a.m. - 5:00 p.m.

[Register Here](#)



Rooks joins Board

Area LAHEC welcomes Kesha Rooks, RN, BSN, CCM to our Board of Directors. Ms. Rooks is the Chief Operations Officer of [Rural Health Group](#). Kesha has worked with RHG for 15 plus years, most recently serving as the Director of Case Management and Clinical Informatics.

Nursing Students Benefit from Clinical Site Development Grants

The nursing department at [Wilson Community College](#) was approved to participate in a clinical site development grant with the Transitional Care Team at Wilson Medical Center for a second year. Faculty and students work with this team to assist those patients at high risk for readmission yet do not meet criteria for post-acute services at the time of discharge. The nursing department at Halifax Community College was approved to participate in a clinical site development grant with the Roanoke Rapids Graded School District. To enhance nursing students' understanding of holistic care needs across the lifespan, they will work with the Roanoke Rapids Graded School District school nurses.

What's Coming Up in 2019?



September

- September 12 The ABZs (Anaplasmosis, Borrelia, and Zika) of Vector-borne Disease in North Carolina [Live Webinar Option Available](#)
- September 18 Improving Care for Those Living with Dementia:
The Virtual Dementia Tour and a Positive Approach to Care
- September 25 Dysrhythmia Review and Basic 12-Lead Interpretation
- September 27 Dental OSHA Update 2019 [Live Webinar Option Available](#)

October

- October 3 NC Board of Pharmacy: Preparing for an Inspection [Live Webinar Option Available](#)
- October 4 Physical Assessment for Nurses: The Basics
- October 8 Preceptor Development
- October 10 Resiliency and Mindfulness
- October 16 Alzheimer's Disease and Dementia Care Seminar
- October 25 SPICE for the Dental Office

November

- November 1 Dental Pain Pharmacotherapy: Considerations in Today's Healthcare Landscape
[Live Webinar Option Available](#)
- November 5 The Many Faces of Suicide November [Live Webinar Option Available](#)
- November 13 Wilson Medical Center Pharmacy CE Symposium
- November 14 Wilson Medical Center Pharmacy CE Symposium

Save the Date
STD Update March 25, 2020



Coming April 2020

SeventyX7

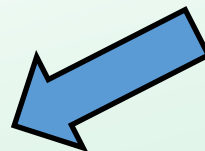
Changing the Treatment Paradigm

Dr. Stephen Loyd will share his story and what he is doing to help others. His extensive medical background, as well as his personal battle with addiction, makes him a unique voice in the opioid treatment realm.

On-Line Courses

- FREE** Opioid Abuse and the Family
- FREE** Opioid and Heroin Abuse Among Our Veterans
- FREE** The Complex World of Neonatal Abstinence Syndrome
- FREE** Opioids in the Elderly: Trends and New Guidelines
- New HIV Control Measures in North Carolina
- Chronic Disease and the 21st Century: Using Functional Medicine to Create a Culture of

**Visit Our
Program Calendar**



Please visit our website for additional information about program registration, times, and locations. www.arealahec.org



National AHEC Organization
HPV Immunization Project

PRACTICE SUPPORT SERVICES

Let's get started in reaching your goals, contact us today.

Please submit your application for Practice Support Services [here](#).



Medicaid Managed Care

- NC Medicaid and AHEC have partnered to give you special assistance on how to successfully make the transition to Medicaid Managed Care. Wherever you are in the process – we can help you reach your goal. **This assistance is free to you.**
- On-site coaching, webinars and online resources, meet and greet events with Prepaid Health Plans across the state, virtual office hours with a help desk, and regional-focused training events are available.
- **NC Medicaid Managed Care open enrollment for beneficiaries began July 15 in Regions 2 and 4. For details visit [Enrollment Roll Out](#).**
- NC DHHS has provided resources to help inform Medicaid beneficiaries about the transition to Medicaid Managed Care. Watch this short video and you can display it in your practice. [Beneficiaries Video](#)
- Do you need education and training? Visit [NC Medicaid Managed Care Training Courses](#) for the latest trainings as well as all archived trainings.
- Medicaid Managed Care's [County Playbook](#) will show you examples of the enrollment packet notices beneficiaries will be receiving from NC DHHS, as well as patient outreach.
- [North Carolina's Medicaid Managed Care](#) enrollment website and call center (1-833-870-5500) are now available to offer assistance to Medicaid recipients who are enrolling in a Medicaid PHP.

Opioid Abuse is more common in counties where more prescriptions are dispensed:

- Does your practice have Acute & Chronic Pain Management policies, procedures, and protocols in place?
- Are you utilizing the NC Controlled Substances Reporting System (CSRS)? Do you have an assigned delegate?

We are here to help you! Apply for services.

Your Practice Support Team



Shannon Cambra, RT(R), BS
Director-Practice Support
Activities & Public Health



Felisha R. Sandifer
Practice Support
Consultant



Priscilla Daniels
Practice Support
Consultant

Please welcome our newest Practice Support team Members, Ms. Sandifer and Ms. Daniels. Ms. Sandifer served in the United States Airforce where she began her experience in Laboratory Management. She is currently pursuing her Bachelor Degree in Information Technology. Ms. Daniels comes to Area LAHEC with a background in Nursing and Quality Care. Most recently she has served as the CPC/Quality Care Coordinator with Boice-Willis Clinic. She received her Nursing Degree from Wilson Community College.

Public Health

We are striving to improve outcomes across our region and state, focusing on the following topics:

Social Determinants of Health * Trauma Informed and Building Resiliency * Human Trafficking
Burnout/Compassion Fatigue * Mindfulness * Empathy * Health Equity

[Look for these upcoming educational events.](#)

Exposing Students to Health Careers

Working with local community organizations **Wilson Education Partnership, Wilson Medical Center and Carolina Family Health Centers**, we helped develop Career Health Connections. This hands on program exposes high school students to health careers. Connections were made between these Students, and students in our **NC AHECs Scholars** program at **Barton College**.

To learn more about these programs, [click here](#).



Area 1 AHEC
Bridging Education to Quality in Health Care
Part of the NC AHEC Program
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