



Year-End Review FY 2021 - 2022

1631 South Wesleyan Boulevard | Rocky Mount, NC | 27804

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RECRUIT

- Offered twenty-hour Youth Health Service Corps (YHSC) training to students
 - Twelve students joined with four completing all twenty hours
 - Updated in-person YHSC modules to reflect today's requirements in a hands-on format
- Reached a total of one hundred fifty-one high school students through in-person, school-based interactions
 - Interactions focused on teamwork, communication, resume building, and health career exploration
- Worked with the Area L nursing education director to certify over forty Wilson County high school students in *Stop the Bleed*
- Certified fourteen students in basic life support
- Offered virtual job shadowing to pathway students and their teachers

TRAIN

- Graduated a total of fifteen AHEC Scholars
- Introduced sixty new Scholars to the NC AHEC Virtual Clinical Modules
 - Fourteen new Scholars were from Area L
 - All twenty-nine Area L AHEC Scholars completed the forty-hour training
- Connected with regional practices in which students could shadow, including Wilson County Public Schools
- Housed eighty students in Area L housing
- Housed students from 7 of the 16 affiliated schools
- Utilized all housing properties in FY 22

RETAIN

- Provided complimentary access to thirty-four Halifax Community College dental hygiene students to *OSHA Laws: Annual Bloodborne Pathogens and Hazcom Update*
- Promoted the NC AHEC Program and Area L AHEC to seventy-six senior nursing students and reviewed information about the educational opportunities that AHEC provides
- Planned and coordinated three *Mental Health First Aid* programs since many healthcare professionals must now participate in these trainings
- Taught *Dysrhythmia Review*, at no cost, to twenty senior nursing students at Nash Community College
- Presented and accredited, gratis, *Adverse Childhood Events (ACEs) and Effects on Adult Chronic Disease* for the NC Baptist Nurses Annual Meeting
- Collaborated with the NC Diabetes Advisory Council to plan and supply credit for an online event outlining *North Carolina's Guide to Diabetes Prevention*.
- Assisted Halifax Community College with their clinical site development grant with Bon Secours Southern Virginia Medical Center
- Participated in monthly Coalition for Addiction Recovery and Education (CARE) meetings (Work with Yolanda Outlaw (Director of CARE) and through their grant funded program, *Rural Communities Opioid Response* plan/provide credit and co-taught program entitled, *Stigma Associated w/Substance Misuse and Narcan Administration*)
- Developed nursing contact hours credit package for 2021 statewide Rural Nursing conference, *The 4th Annual NC AHEC Statewide Celebration of Rural Nursing*
- Led the Duke Endowment Community Paramedic Implementation Grant with Wilson County EMS

- Served on Edgecombe Community College’s and Wilson Community College’s Nursing Advisory Committees
- Monique Mackey was a co-author of “Successful Trial of Practice Facilitation for Plan, Do, Study, Act Quality Improvement,” published in the September 16, 2021, issue of *Journal of the American Board of Family Medicine*
- Devoted time during the Area L AHEC Pharmacy Advisory Committee meeting to discuss and offer feedback to the Eastern NC Advisory Board convened by the ESoP
- Worked with the Governor’s Institute and the ESoP to create a module on stimulant misuse targeted toward youth
- Served on the Twin Counties Opioid Settlement Collaboration
- At the request of the Program Office, offered a 2-part series entitled *Serious Illness Communication Strategies to Support Goal Concordant Care: A Team Approach*
- Achieved re-accreditation to be a Provider of CME from the NCMS through September 2025
- Maintained consistent contact and provided technical assistance as needed to support Medicaid Managed Care practice sites in Area L AHEC’s five-county region despite being down to one staff person from December 2021 through most of June 2022
- Provided weekly Practice Support updates to actively engaged providers and staff within the Area L AHEC region
- Shannon Cambra has been highly involved with the statewide Community Health Worker (CHW) project to include:
 - Leading the CHW Integration and Optimization workgroup
 - Group developed the practice support technical assistance toolkit
 - Toolkit contains a comprehensive gap analysis for CHW integration and optimization
 - Developing and leading the CHW Integration and Optimization pilot
 - Working with the Program Office IT team to build the CHW section in Salesforce for documentation purposes
 - Serving on the CHW Program Leadership Team since January 2021
 - Participating in workgroups to plan CHW ECHOs, CHW Summit, CHW Integration and Optimization Pilot and CHW Health Equity training
- Ivy Williams, TCM coach, assisted seven historically underrepresented providers with their Round 2 TCM applications so that they would be eligible for the site review process
 - Created mock site review process for the providers to undergo in preparation for the authentic site review
 - Mock review process is now being utilized across the state by other TCM coaches
- Shannon Cambra earned Results-Based Accountability Certification in December of 2021
- Collaborated with Edgecombe County Health Department personnel to reconvene the monthly Edgecombe County Opioid coalition meetings, which had paused in early 2020
- Hosted monthly virtual meetings for Region 7 Local Health Department Directors
 - Health directors use these meetings to discuss/brainstorm new and upcoming policies, projects, and funding, as well as to review Region 7 data

SUPPORT - For the Community

- Collaborated with Eastern AHEC and Access East to plan and host quarterly Healthy Opportunities training/meetings for human services organizations (HSOs) staff
- Purchased, stocked, and distributed 260 lock boxes

- Collaborated with Mountain AHEC to develop a training module in a series for the Healthy Opportunities Pilot – *The Healthy Opportunities Pilot for the Care Managers: How Health Care Managers Can Choose Appropriate Cross Domain Services*
- Continued fiscal sponsorship of the Rural Opportunity Institute (ROI), ROI’s work is based on the science around ACEs and evidence-based strategies to build resilience and healing
ROI:
 - Delivered twenty-one awareness-building presentations, sixteen *Reconnect for Resilience* trainings and practice groups and thirteen listening circles to 1,300 community members and professionals
 - Supported the participation of six local organizations (listed below) in a nine-month social accelerator program called the *Resilient Leaders Initiative*
 - Edgecombe County Courthouse
 - Greater is Coming Ministries
 - Speight Middle School at Wilson County Public Schools (WCPS)
 - Honor Opportunity Purpose and Excellence (HOPE) Alternative Learning Program at Edgecombe County Public Schools (ECPS)
 - Became the first Alternative Learning Program in the state to successfully bill Medicaid to provide mental health support for the highest-need students who have experienced traumatic stress and not received mental health support
<https://www.ednc.org/medicaid-fund-mental-health-supports-social-workers-counselors-schools/>
<https://www.northcarolinahealthnews.org/2022/05/31/edgecombe-county-puts-trauma-front-and-center-to-health-the-community/>
 - Word Tabernacle - REACH Center
 - Word Tabernacle - The Impact Academy
 - Received a \$100K grant from New Profit
 - ROI invited to participate in *New Profit’s first Health Equity Cohort* - a national cohort of organizations working to promote health equity within communities
 - ROI/Area L AHEC only rural group in the United States accepted into this cohort
<https://www.newprofit.org/go/introducing-new-profits-first-health-equity-cohort/>
 - Distributed, to community-based organizations, more than:
 - 5,000 packs of resilience flashcards
 - 3,000 packs of breathing cards
 - 1,000 resilience kits
 - These educational curriculum materials help essential professionals share trauma-informed practices with their staff and the clients they serve
 - Available in English and Spanish
- Supported the Health Care Advancement Collaborative (HCAC) by serving on the Steering Committee and work groups to address workforce needs

Concerns/Observations

We were pleased to see a slight increase in attendance at series events and number of total events offered and that 24% of our CPD customers were new to us. We are concerned by the drop in attendance and number of unique participants although this seems to be a trend in several AHEC regions.