

# The Connection NEWSLETTER

Summer/Fall 2023



## DHHS Division of Mental Health Grant: NC Certificate in Trauma and Resilience Certification

Area L AHEC received a grant from DHHS Division of Mental Health to provide an NC Certificate in Trauma and Resilience to participants across the state.

**Individuals from all 100 NC counties were accepted into the program.** This funding also helped support the NC Certificate in Trauma and Resilience Conference

**Program Completion:**

**251**

NC Certificate in Trauma and Resilience

**137**

NC Certificate in Trauma and Resilience with an added focus on Racial Trauma

**74**

Attended In-Person Conference

that was held on August 3rd at the McKimmon Center in Raleigh, NC. This conference was held in person to allow for networking and collaboration between participants who were a part of the NC Certificate Program. The objectives of the conference were to recognize the importance of connection when interacting with individuals who have experienced trauma or stress, describe the impact of racial and historical trauma at the individual and system level, and describe how to incorporate a trauma-informed approach when planning and implementing new programs and/or policies. We had an amazing lineup of speakers which included Derek Clark with Never Limit Your Life, MC Ellis with Resources for Resilience, Jenny Cooper with Benchmarks' Center for Quality and Health Integration, and Eulanda Thorne with the Public School Forum of North Carolina.



We would like to thank the partners that helped make this certificate program and conference happen. A special thank you to DHHS Division of Mental Health, Resources for Resilience, Community Organizing for Racial Equity (CORE), and Mebane Boyd with NC Partnership for Children. We also want to thank everyone who participated in the NC Certificate program and who attended the conference!



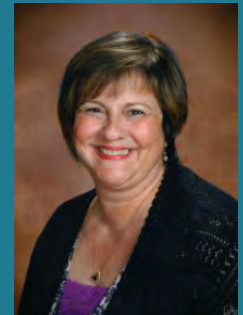
## Employee Highlights

10 Years of Service



Jenny Newton  
Director – Allied Health,  
Oral Health & Coordinator  
of Pharmacy CPD

25 Years of Service



Monique Mackey  
Vice President  
Director – Quality Initiatives,  
CPD, & Information  
Services/Systems

Welcome



Jordan Blake  
Interim Director - Health Careers  
and Workforce Diversity  
Assistant Director - Statewide  
Projects

WELCOME to the Board



Christopher Muntun  
Wilson Medical Center

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# UPCOMING PROGRAMS

## Live Webinars



Peace of Mind: Mental Health Disorders - Symptoms, Signs, and Interventions. ....	Sept. 13
Caring for Families with Substance Use Disorders in the Perinatal Period .....	Sept. 18
Mental Health First Aid .....	Sept. 19
New Drugs Update 2023 .....	Oct. 5
Coding in the Dental Office. ....	TBD

## In-Person

\* Live Webinar Available



OSHA Laws: Annual Fall Bloodborne Pathogens and Hazcom Update .....	Sept. 15*
Collaborative Strategies for Reducing Overdoses and Advancing Wellness ...	Sept. 27*
Potential Youth Violence: Behavioral Indicators, Prevention, and Intervention ...	Oct. 3
The 35th Annual Aging Symposium: The Aging Kaleidoscope. ....	Oct. 17
2023 NCIMHA Conference – Linking Arms & Learning Together: Building Professional Relationships to Promote Infant/Early Childhood Mental Health (IECMH). ....	Oct. 26
But Wait, I Thought I Liked Everyone: Generational Differences and Unconscious Bias. ....	Nov. 2*
Wilson Medical Center Pharmacy CE Symposium .....	Nov. 8-9*
2-Day Resiliency Conference .....	March 6-7, 2024

## Online, Self-Paced Educational Activities

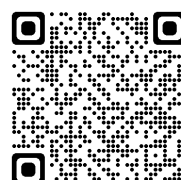


A Whole-Person Approach to Recovery  
The Growing Threat of Xylazine: What Healthcare Providers Need to Know  
Healthy Opportunities Pilot (HOP) for the Care Manager: Understanding the Medical Respite Cross Domain Service  
Finding Your Zone: Mindfulness Practices for the Healthcare Workforce  
North Carolina's Guide to Diabetes Prevention and Management  
CGWEP: Falls Prevention Awareness: Advanced Training for Home Health Aides

## Questions regarding your MyAHEC account?

Our team has put together an FAQ guide with step-by-step instructions on creating and updating your account.

Scan QR Code To Access  
FAQ Guide Or Visit  
[www.arealahec.org/faq/](http://www.arealahec.org/faq/)



Scan QR Code



Continuing Education  
Calendar

Stay Connected



# PRACTICE SUPPORT SERVICES

**We can help!**

The Area L Practice Support team is committed to helping practices position themselves for new payment models, incentive programs, and other healthcare reforms while focusing on patient-centered care. For more information please visit our website. [www.arealahec.org/services/practice-support/](http://www.arealahec.org/services/practice-support/)

## Medicaid Managed Care

### NC Medicaid Planning for October 1 Medicaid

**Expansion Launch:** With state budget negotiations ongoing, NCDHHS has worked with CMS to negotiate a compromise to begin submitting documents needed for federal approval to launch Medicaid expansion on October 1, 2023.

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NC Medicaid  
Planning:



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Release:



**NC Medicaid** has released the results of the latest **2022 Consumer Assessment of Healthcare Providers and Systems (CAHPS) Report:** This is the first time NC has administered the CAHPS surveys since transitioning to NC Medicaid Managed Care.

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Report:



**Provider Reverification List:** A list of providers due for reverification through December 2023 is available on the **Provider Enrollment Recredentialing webpage.**

Scan QR Code For  
Provider Enrollment  
Recredentialing  
Webpage:



Scan QR Code  
To Apply



Director of Practice Support:  
[Shannon.Cambra@arealahec.org](mailto:Shannon.Cambra@arealahec.org)



Practice Support Consultant:  
[Megan.Griffin@arealahec.org](mailto:Megan.Griffin@arealahec.org)

**Apply for services today to find out how  
we can support what matters to you!**

## Collaborative Care Model (CoCM)

### What is the Collaborative Care Model (CoCM)?

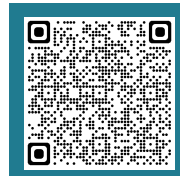
CoCM is an integrated modality that provides patients with medical and behavioral health care in a primary care setting. An increasing number of primary care settings are incorporating behavioral health services. Benefits of CoCM include better patient outcomes, improved patient and provider satisfaction, and reduction in healthcare costs. In addition, using CoCM may reduce health disparities in access to behavioral health. Most payors in North Carolina already cover the CoCM billing codes. CoCM leverages a team-based, interdisciplinary, and systematic approach to screen, diagnose, treat, and provide follow-up care.

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More Info:



**CoCM Education Series:** This series of **online self-paced** courses offer participants an introduction to collaborative care, allowing them to take the initial steps to implement this integrated care model and the tools for ongoing support. This series will consist of 10 virtual courses and offers Contact Hours, CEUs, NASW-NC Contact Hours, AMA PRA Category 1 Credit

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Register:





# 2023 CONETOE FAMILY LIFE CENTER CAMP

Health Career Students



This summer we had two different groups of health career students highlighted at the Conetoe Family Life Center Summer Camp! Joining us were UNC Eshelman School of Pharmacy students and Cabarrus College Master of Occupational Therapy students. Both groups highlighted different healthcare topics for the campers and gave them real-world lessons to take home to their families. Topics included Candy vs. Medicine, Mental Health, Fine/Gross Motor Skills, Substance Use, and so much more! After camp both groups were able to participate in a training focusing on resiliency and ACEs thanks to our friends at Eastpointe. A special thank you to Conetoe Family Life Center for hosting these



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