



EMPLOYEE HIGHLIGHTS

PATTY COLLINS, MAED, BSN, RN

DIRECTOR - NURSING &
INTERDISCIPLINARY CPD
15 YEARS OF SERVICE



DEBBY FUTRELL, PHARM D

 PRESIDENT/CEO
25 YEARS OF SERVICE



CONGRATULATIONS

Jose Guevara, Director of Technology & Education Support, for successfully defending his doctoral dissertation!



WELCOME TO THE TEAM



Julie Robinson, MBA
REGIONAL TPM PROJECT MANAGER



Cynthia Richardson
EXECUTIVE OPERATIONS COORDINATOR



Kermika Nicholson
ACCOUNTING SPECIALIST



Kassie Navarro, MBA
CPD & ADMINISTRATIVE COORDINATOR

PRACTICE WE CAN HELP! SUPPORT SERVICES

The Area L Practice Support team is committed to helping practices position themselves for new payment models, incentive programs, and other healthcare reforms while focusing on patient-centered care. For more information please visit our website, www.arealahec.org/services/practice-support/.

WE CAN HELP YOU WITH FINANCIAL HEALTH AND EFFICIENCY

- We offer a Financial Health Scorecard to track your fee-for-service and value-based financial performance.
- Has it been a couple of years since you've assessed your practice's fees and revenue? Are you preparing payer/insurance contract negotiations? We can help!

Our services are provided at no cost! Area L AHEC Practice Support coaches are available to assist you! Contact us today for more information.

Becky.Dixon@arealahec.org or
Shannon.Cambra@arealahec.org

SCAN QR CODE TO
APPLY FOR
PRACTICE
SUPPORT SERVICES



INTRODUCING

TALENT PIPELINE MANAGEMENT (TPM)

Area L AHEC welcomed Julie Robinson in October to support our workforce development efforts. In partnership with the NC Health Alliance and the Chamber Foundation, we are implementing TPM to strengthen workforce pipelines. TPM is a proven approach that fosters collaboration between employers, educators, and the community. With a focus on maintaining a strong healthcare workforce, TPM helps address shortages by identifying shared workforce needs and developing a skilled talent pool. Aligning training programs and job demands ensures healthcare organizations can build and maintain a workforce capable of meeting the evolving needs of patient care. For more details, contact Julie Robinson at Julie.Robinson@arealahec.org.

UPCOMING PROGRAMS

SCAN
QR
CODE



CONTINUING EDUCATION CALENDAR

IN-PERSON

Transforming Trauma: Addressing the Impact of Adverse Childhood Experiences (ACEs) on Substance Use Disorder (SUD)
February 26

Responding to the Health Care Needs of People Living with Dementia
March 11

Perception vs. Reality of Addiction
May 13

Stimulant Use and Enhancing the Recovery Oriented Systems of Care in our Community
August 13

LIVE WEBINARS

Unapologetically You: The Power of Radical Self-Care
February 18

Fundamentals of Buprenorphine Prescribing
March 27

OSHA Laws: Annual Spring Bloodborne Pathogens and Hazcom Update
April 4

Urine Drug Testing: A Clinical Tool
April 15

Pharmacy Law Update 2025
April 17

Recovery Coach Academy

Open only to those who live and/or work in Wilson County

April 7th – April 11th

May 5th – May 9th

8:00 a.m. – 12:00 p.m. each day



ONLINE, SELF-PACED EDUCATIONAL ACTIVITIES

Bridging the Gap: Health Literacy and Equity Across the Lifespan

CGWEP: Falls Prevention Awareness: Advanced Training for Home Health Aides

Embracing Compassion: Understanding Substance Use Disorders

Adoptando la Compasión: Entendiendo los Trastornos por Consumo de Sustancias

Finding Your Zone: Mindfulness Practices for the Healthcare Workforce
Module 1 | 2 | 3

The Growing Threat of Xylazine: What Healthcare Providers Need to Know

Healthy Opportunities Pilot: Screening for Adverse Childhood Experiences for Care Managers

Healthy Opportunities Pilot for the Care Manager: Understanding the Medical Respite Cross Domain Service

North Carolina's Guide to Diabetes Prevention and Management

A Whole-Person Approach to Recovery

QUESTIONS REGARDING YOUR MYAHEC ACCOUNT ?

Our team has put together an FAQ guide with step-by-step instructions on creating and updating your account.

Scan QR Code to access FAQ Guide or visit www.arealahec.org/faq/



HEALTH CAREERS

PATHWAYS

FALL 2024 REGIONAL RETREAT

This past fall, our AHEC Scholars participated in a weekend retreat where they engaged in multiple didactic sessions on health-related topics, such as cultural competency and interprofessional education. Students also had the opportunity to connect with one another, build their networks by interacting with regional healthcare professionals, use virtual simulation headsets, and take a tour through Wilson County to learn more about social determinants of health. During the tour, students also helped package food at Waymakers of NC for community members in need!

Upcoming Pathway Programs:

- Collegiate Health Careers Exploration: February 24 – May 9 (for middle school students in Wilson County enrolled in the Foundation YMCA of Wilson YGIG)
- Resume Writing Workshop: March 22 at Barton College



Stay Up-To-Date On All Pathways Upcoming Events!



Applications for Cohort 8 are open now!

FOR MORE INFORMATION & TO APPLY

RECRUIT
TRAIN
RETAIN

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PART OF NC AHEC

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AHEC SCHOLARS